

Little Movers

EARLY LEARNING

Every Tuesday 9:00-10:00

Term 3 sessions start July 26

Little Movers is a fun gross motor skills program designed for our 0-5 learners. Gross motor development involves the large muscles in the arms, legs and torso and also forms the basis for fine motor skills (small movements, like using a pencil).

Little Movers will provide a range of activities to promote the development of gross motor skills, including balance, coordination, body awareness, physical strength and reaction time.

Some activities we love to do are gym mat obstacle course, climbing frame, soft ball kicking and throwing, balance beam, hoops, bean bag throwing/balancing, rocker board, stepping stones and lots more!

We look forward to seeing you in term 3.

