

Little Movers

EARLY LEARNING

Every Tuesday 9:15–10:00

Starts May 10

Little Movers is a fun gross motor skills program designed for our preschool learners. Gross motor development involves the large muscles in the arms, legs and torso and also forms the basis for fine motor skills (small movements, like using a pencil).

Little Movers will provide a range of activities to promote the development of gross motor skills, including balance, coordination, body awareness, physical strength and reaction time.

Activities will be held in the school gym, with entry via the back entrance. They will run for 30–40 minutes followed by a snack break (provided by families) and some songs to end the session.

Please join us for lots of moving and fun!

