



# ***Early Days: Helping my child cope with change***

A **FREE** workshop for parents and carers

**Early Days provides workshops for parents and other family members of children 0-6 who have an Autism Spectrum Disorder (ASD) diagnosis or are awaiting assessment. A confirmed diagnosis is not needed to attend.**

This workshop helps you to:

- » Understand why change is difficult for young children
- » Identify challenges and successes for when change occurs
- » Make a plan to help your child and family cope
- » Develop strategies for day-to-day, minor, major and unexpected changes.

Please note: Childcare is not provided. Light refreshments will be provided.

**Questions? Contact our Learning and Development Team:**

**(03) 6722 5000**

learning@autismtas.org.au

## **Launceston**

Thursday 18 November 2021: 10am - 11:30am  
Early Childhood Intervention Service  
11 Munford St, Kings Meadows  
Register at: [www.trybooking.com/751707](http://www.trybooking.com/751707)

## **Hobart**

Tuesday 23 November 2021: 9:30am - 11am  
Early Childhood Intervention Service  
174 Brooker Ave, North Hobart  
Register at: [www.trybooking.com/758455](http://www.trybooking.com/758455)

## **Burnie**

Wednesday 24 November 2021: 10am - 11:30am  
Autism Tasmania, 9 King Street, Burnie  
Register at: [www.trybooking.com/802081](http://www.trybooking.com/802081)

  
**earlydays**  
[www.earlydays.com.au](http://www.earlydays.com.au)  
promoting development of  
young children on the autism spectrum



**autism**  
tasmania