

# Term 1 : Gym Timetable: FREE CLASSES

## Beginning Monday 22nd February 2021

Day	Monday	Tuesday	Wednesday	Thursday	Friday
Time	5:30-6:30pm	6 - 7pm	6:10-7pm	6 - 7pm	9 -10am
Class	Yoga	Pilates	HIIT	360 Degrees Fit	HIIT Step
Instructor	Natasha Stapleton	Liz Freese	Trevene Feldmanis	Trevena Feldmanis	April Leppard
What to bring	<ul style="list-style-type: none"> <li>• Drink Bottle</li> <li>• Towel</li> <li>• Yoga Mat (available on site)</li> </ul>	<ul style="list-style-type: none"> <li>• Drink Bottle</li> <li>• Towel</li> <li>• Yoga Mat (available on site)</li> </ul>	<ul style="list-style-type: none"> <li>• Drink Bottle</li> <li>• Towel</li> </ul>	<ul style="list-style-type: none"> <li>• Drink Bottle</li> <li>• Towel</li> </ul>	<ul style="list-style-type: none"> <li>• Drink Bottle</li> <li>• Towel</li> </ul>
Location	Gym	Gym	Gym	Gym	Gym

**Contact: Snug Primary School 6267 9230**  
**or [snug.primary@education.tas.gov.au](mailto:snug.primary@education.tas.gov.au)**  
**for further details**