2019 Snug Primary School CROSS COUNTRY



Dear Parents / Carers.

As a part of our Health and Physical Education program all students will be participating in our annual Cross Country Carnival on Thursday 2nd May, 2019 at the Snug Primary School oval.

Runners are encouraged to wear appropriate running shoes, t-shirt in house colours and shorts. Students are asked to bring warm clothing (ie; a coat or jacket, a hat, and/or mittens) to wear while watching the other races. In case of bad weather, each child will also need a complete change of clothes and a plastic bag to deal with any muddy clothes.

A drink bottle is essential.

If we do experience poor weather conditions the carnival will still continue. Year groups will come out one at a time to run their race and then go straight back to their warm classrooms.

As this is part of our physical education program participation is compulsory. If your child is unable to participate in the run, there is a 1km non-competitive walk. Please provide a signed note with an explanation if your child is to participate in the 1km walk instead of the cross country run.

<u>Approximate</u> starting times (weather dependent) and distances (Year 3-6 in line with HCSSA distances) are as follows:

10:30-10:50am	RECESS (note ea	rly recess)
11:00am	Year 6	3km
11:10am	Year 5	3km
11:20am	Walkers	1km
11:25am	Prep	850m
11:35am	Year 1	1.2km
11:45am	Year 2	1.2km
11:55am	Year 3	2.4km
12:05pm	Year 4	2.4km



Boys and girls will be run separately.

Students are expected to remain seated in their class groups for the duration of the carnival and parents/carers are more than welcome to visit their child.

Year 3-6 place getters will be invited to represent Snug Primary School at the HCSSA Cross Country Carnival held at Huonville on Wednesday 29th May. A confirmation and information notice will be sent home to successful runners.

We hope you can join us on the day and cheer our runners along. There will be some seating available, but please feel free to bring along your own camp chairs and picnic rug. A barbeque lunch is on offer following the races. Please ensure the lunch provision form is filled out and returned to school by Thursday 11th April, this is the last day of Term 1.

Please return the below slip if you are able to assist at the carnival.

Lyn Heerey HPE Teacher



_____ cut along the dotted line _____

I am able to assist at the Cross Country Carnival. I would like to:

\square Be on a ch	neck point		
\Box Give out r	ibbons		
☐ Assist wit	h setting up the area (gazebos, markers etc)		
☐ Assist De	arne with the Barbeque		
\Box Any of the	e above		
Name:			
Contact number	or email:		
Child's name and class:			