

Dear Parents/Guardians

This year our school participated in the Jump Rope for Heart program - a fantastic physical activity and fundraising program by the Heart Foundation that has been running for 35 years. As a school we raised a whopping **\$2529!**

It's time for our Jump Off to celebrate, recognise and show off some of newly learnt skills! The program will conclude on Thursday 8<sup>th</sup> November, with students moving through a range of different skipping activities. As this is part of our Physical Education program, all students will be expected to participate.

We will commence after recess at 11:30am and conclude by lunch time. Stations will be set up around the school on the concreted areas. Students are encouraged to wear **RED** to support the heart foundation and make for a great day. Please note, this is not a Free Dress day.

A huge thank you to those supporters of the program, for not only raising money for the program but continuing to challenge your skipping. We welcome parents along to participate and support alongside students in the program. It would be great to have some extra rope turners and you never know what skills you might unearth!

Yours sincerely,

**Max Watson**

