

## **Treatment of Head Lice**

**Step 1:** Apply conditioner or nit solution for 10 minutes or for time stated on bottle.

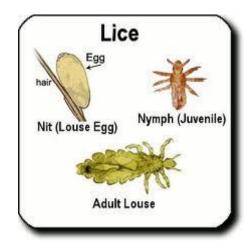


**Step 2:** Separate the hair into sections. Gently comb each section one at a time with a metal fine tooth 'nit comb' (available from most chemists) in four directions – forwards, backwards, left and right.



**Step 3:** Wipe nit comb off onto towel or tissue after combing each section, check what has been removed from hair, eggs or lice.





Step 4: Rinse hair well and dry. Soak nit comb in boiling water for 10 minutes



## Step 5:

Check and treat hair **every day** for **10 days** with conditioner and combing method. This method focuses on removing adult head lice from hair and breaking the egg-laying cycle. Eggs hatch 7 to 10 days after being laid. If you only do this method once and one or two adult head lice are missed, and the cycle of outbreaks will continue. By repeating the method over a 10 day period you increase the chance of removing all head lice until no eggs are left. Remember – after **Step 3**, you may need to use your fingernails to remove any eggs that were missed during combing.

