

Autumn Fruit Salad

Ingredients:

200g mixed berries

12 plums

3 pears

5 Apples

4 banana's

2 oranges

Equipment:

Green chopping board

Large kitchen knife

Large mixing bowl x2

Melon baller

Desert spoon

Slotted spoon

Method:

<ol style="list-style-type: none">1. Wash pears and slice around the core. Slice pear into thin slices.2. Wash Plums and slice in half removing the stone. Slice plum halves into quarters.3. Wash Apples. Core Apples, slice Apple in half. Slice apple thinly.4. Peel banana's slice banana into 1cm rounds.5. Peel oranges slice oranges into segments.	<ol style="list-style-type: none">6. Put the Pear, Apples, Orange's plums, mixed berries and bananas in a large mixing bowl. Sprinkle 2x desert spoons full of sugar over the fruit. Stir to mix.7. Cover with cling wrap and refrigerate until ready to serve.8. During this time the sugar and fruit juice will blend to delicious syrup.
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