



Seasons  
for Growth®



## Group Support for Children Bereaved by Cancer

Cancer Council Tasmania is offering a free education program for children aged 9-12 bereaved by cancer.

The 5 week *Seasons for Growth* program is facilitated in small groups by a trained Companion.

We use creative activities to highlight the importance of social support and the need to practise new skills to cope effectively with change and loss.

We will focus on issues such as self-esteem, managing feelings, problem-solving, decision-making, effective communication and support networks.

DATE: Wednesday 26th October to Wednesday 23rd November  
TIME: 4.00 - 5.30 pm  
VENUE: Bishop Hays Centre, behind St David's Cathedral  
125 Macquarie St, Hobart  
INCLUDES: *Seasons for Growth* Journal and afternoon tea  
REGISTER: To enrol your child in this program please contact  
Karen at [krogers@cancertas.org.au](mailto:krogers@cancertas.org.au) or 6212 5716  
***Numbers limited***

*An information session for parents will be held  
at Cancer Council Tasmania, 180-184 Collins St  
on the 19th September at 10am*



*This program has been funded by  
Calvary Health Care Tasmania Community Grants*

