



AFL RISING STAR CAMP

AGE 8 TO 16

JULY 13TH AND 14TH

10AM TO 3PM

TWIN OVALS KINGSTON

**WITH
TIGERS SENIOR PLAYERS
BRANDON BATCHELOR
MARCUS DAVIES**

Boys and Girls are welcome to attend

The TIGERS Football Club is hosting a 2 day AFL RISING STAR CAMP with senior Tigers players Marcus Davies & Brandon Batchelor. The aim of the camp is to help improve and develop skills of attendees in a fun and safe environment. There will be a wide range of activities, covering all aspects of our great game and suitable for both boys and girls. Guest speakers will be attending covering topics like healthy eating, fitness and recovery.

The 2 day AFL Rising Star Camp will include:

- Round robin games and fun footy activities
- Structured training drills that will help you improve skills
- Special guest speaker talking about the benefits of healthy eating
- Group Sessions divided into your age groups
- All participants receive a certificate of achievement
- High quality coaching by Tigers senior TSL players and constant care throughout the 2 days of the event
- Having fun, staying active and making new friends

COST IS \$50 PER DAY OR \$95 FOR 2 DAYS

THIS WILL INCLUDE FRUIT JUICE & FRUIT BUT CHILDREN ARE TO PROVIDE THEIR OWN LUNCH.

Contact details

Mob: 0427 708 414

Email: info@tigersfc.net.au

Application forms are available from www.tigersfc.net.au, local Junior Football Clubs and these local businesses: Subway Kingston and Huonville, Huon Valley PCYC, Bendigo Community Bank Cygnet and Huonville, Redbill Surf Channel Court.



AFL RISING STAR CAMP

WEATHER

- Indoor facilities at the Kingborough Sports Centre will be on standby if the weather isn't suitable for football.

COACHING AND MANAGEMENT

- Tigers senior TSL players and constant care throughout the 2 days.
- All staff have fulfilled requirements for working with children

MEDICAL AND HEALTH

- Qualified First Aid Officers in attendance.
- Appropriate clothing and footwear required.
- Cool room available for storage of participant's lunch.

ALL AMENITIES AVAILABLE.

