

University Psychology Clinic Sandy Bay Campus

Cool Kids® Anxiety Group Programs September – November 2016



COOL KIDS®

10 Week Anxiety Management Group Program for parents and children aged 8 – 12 years

Program 1 Commencing Monday 5 September 2016 4.00pm - 5.30pm

Program 2 Commencing Wednesday 7 September 2016 4.00pm - 5.30pm

Registrations for Cool Kids® close Thursday 30 June 2016

There is an admin fee of \$35 for each family to cover the cost of workbooks.

COOL LITTLE KIDS®

6 Week Anxiety **Prevention** Group Program for parents only of children aged 3 – 6 years showing early signs of anxiety

Program 1 Commencing Tuesday 11 October 2016 9.30am – 11.15am Registrations close Thursday 18 August 2016

Program 2 Commencing Friday 28 October 2016 9.30am – 11.15am Registrations close Thursday 8 September 2016

There is an admin fee of \$25 for each family to cover the cost of workbooks.

For further details and registrations please see our website: www.utas.edu.au/psychology-clinic or contact us by phone on 6226 2805.