

### Sensory processing—Alison Hopwood

Sensory processing is our ability to take in information from our environment and body and use it for function. This talk will:

Define sensory processing and describe sensory processing disorder.

Cover different strategies to support children with sensory processing issues.

Give an overview to guide you in setting up environments to help children sustain the just right level of regulation. *"Understanding this changes everything."*

### Oral language development—Catherine Silcock

Oral language is the basis of all classroom experience, all language learning, all of our education and almost every interaction of the day. The skills of learning to listen, respond and recall, follow instructions and build vocabulary and concepts are perhaps the most critical skills in the whole world of education. Are you being the best you can be? Join this session for a better understanding and lots of ideas.

### Handwriting— Alison Hopwood

Handwriting is a foundational skill required by children throughout their educational life. This talk aims to provide participants with research-based information on the basics of handwriting, ideas on how to develop skills within the home and classroom, information on what impacts on handwriting and strategies to develop skills.

### Understanding social cognition—Catherine Silcock

Processing and applying social information is the intriguing world of social cognition. It's a place in our interactions where success is golden and non-mastery is day after day, friend after friend failure.

Many parents educators and therapists have been trying to effect a change for their students with these difficulties, but even grasping the starting concepts can be difficult.

Numerous experts have designed concepts and strategies that shine light on our skills of *functioning together* socially. That is, from wherever our starting point may be, how can we be more intelligent, considerate and successful in interaction?

Consider a person who keeps missing the point or the moment, doesn't read the signs, makes bad choices in interactions, doesn't 'follow', doesn't get the big picture, doesn't pick up on the cues, doesn't make or hold connections, doesn't recognise these difficulties etc. this is poor social function. It's distressing, disruptive and can be so pervasive that it affects all interactions.

This talk introduces Social Cognition terminology and demonstrates some activities and resources for use with your child/ students.

If we can take these concepts into our shared understanding and strengthen our grasp on this topic then together we can support our students to find more social success. It's an offer of something better for individuals, for friendships and for families.

### Building resilience in children—Lisa Ford

Lisa discusses why resilience is one of the most defining factors in your child's health, self-esteem and happiness. Learn simple and practical steps to help your child become more resilient in our modern world. Learn how to support your child to bounce back from stressors and really thrive. Help your child develop confidence, self control and build skills in self regulation- all by adjusting the way you respond when things go wrong. This talk will benefit parents, educators and anyone working with or caring for children.

Cost per session: \$45.00 or \$200 for all 5 sessions

Time of sessions: 6.00– 7.30pm

Where: Association for Children with Disability (ACD) , 83A Melville Street Hobart (parking available in K&D carpark)

Which seminar would you like to attend:

17th May	Sensory Processing	<input type="checkbox"/>
31 May	Oral Language Development	<input type="checkbox"/>
7th June	Handwriting	<input type="checkbox"/>
14 June	Understanding social cognition	<input type="checkbox"/>
28th June	Building resilience in children	<input type="checkbox"/>

Title: \_\_\_\_\_ First Name: \_\_\_\_\_

Surname: \_\_\_\_\_

Street No: \_\_\_\_\_

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Suburb: \_\_\_\_\_

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# Information sessions for parents, carers and professionals

**Catherine Silcock—Speech  
Pathologist**



**Catherine Silcock** is a speech language pathologist in private practice in Hobart. With more than 20 years of clinical experience in paediatric assessment and therapy intervention, she also trains groups of carers and professionals to better support children with speech and language needs.

She continues her clinical work with children with developmental needs particularly children with language delay, ASD, and learning disabilities.

**Alison Hopwood—Occupational  
Therapist**



**Alison Hopwood** is the owner of Independent Kids-Occupational Therapy in Hobart. She originally trained at the University of Sydney and returned there to do her Graduate Certificate in Paediatric Occupational Therapy in 2006. For nearly 30 years she has worked with children in the public and private sector, both in Australia and the United Kingdom.



**Lisa Ford—Psychologist**



**Lisa Ford**

Lisa is a Clinical Psychologist in private practice, working with children, adolescents and their parents. Lisa has worked as a child psychologist in both Western Australia and Tasmania for the past 8 years.